



New Orleans Dietetic Association

E a t R i g h t a n d L i v e W e l l
2 0 1 1 - 2 0 1 2 P r o g r a m

Message from the President

Special points of interest:

- 2011-2012 Board
- NODA Goals for 2011-2012
- Meeting Schedule 2011-2012
- Annual Christmas Party



I am excited about my position as NODA President this year. I would like to start by telling you a little bit about myself. As always family is first, I have a wonderful and supportive husband and two beautiful girls. I am fortunate to have them in my life,

because I truly believe that is what we live for. Next to family my second passion is my work. I am the Director of Child nutrition for Tangipahoa Parish School System. I spent nine years working in food brokerage sales specializing in child nutrition and healthcare sales. I left my career in sales to pursue my Master's in Human Nutrition with Eastern Michigan University. As I worked on my masters I consulted for the school district in Louisiana assisting them with wellness, food safety training, nutrition education and special diets for children with disabilities and special dietary needs. I am passionate about my work and fortunate

to have a job that I love! The childhood obesity epidemic we are faced with is disheartening. As a nutrition professional that is in a position to impact this epidemic, I strive to improve our program daily. As a mother of two, I strive to teach them how to eat right and live well!

I am looking forward to a great year filled with useful information and networking with our fellow members. I plan to focus and utilize our RD's and DTR's that are experts in their field. I want our members to learn about new topics and expand their knowledge of nutrition through meetings held by the local association.



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**New Orleans Dietetic Association
BOARD 2011 - 2012**

- President.....Teresa C. Brown, MS, RD, LDN**
- President-Elect.....Anna Eastburn, RD, LDN**
- Treasurer.....Joann Connell, MS, RD, LDN**
- Secretary.....Patricia Hihar, RD, LDN**
- Nominating Committee, Chair.....Patricia Fitzpatrick, MS, RD, LDN**
Heather Bacque, RD, LDN
Glenda Johnson, RD, LDn
- Public Relations/National Nutrition Month..Debra Strong Bermudez, MBA, RD, LDN**
- Legislature, Chair.....Stephenie Marshall, MS, RD, LDN**
- Bylaws/ADA Foundation.....Trionne Burrell, RD, LDN**
- Awards.....Debbie Vosloh, RD, LDN**
- Membership.....Donna Pace, MS, RD, LDN**
- Website Coordinator/Newsletter, Chair.....Victoria Sander Eitmann, RD, LDN**
- Strategic Planning.....All Executive Board Members**

G o a l s 2 0 1 1 - 2 0 1 2

- Increase membership to strengthen our organization.
- Promote the nutrition Professionals as the expert in food and nutrition.
 - Expand food and nutrition knowledge of our members.
- Partner with our state representatives to educate them on nutrition issues.

ADA has priority areas that are focused on. Many of which we are directly involved in here in Louisiana. Some of the areas include: Child Nutrition, Health Care Reform, and Aging Population. Please visit the ADA website at www.eatright.org to learn more about how these areas effect our profession and the populations we serve.

M e e t i n g S c h e d u l e
2 0 1 1 - 2 0 1 2

September 14, 2011

Childhood Obesity Conference

Pennington Biomedical Research

Baton Rouge, LA

6 CEUs

September 15, 2011

Topic: Nutritional Challenges in HIV

Location: Ochsner Medical Center (Kenner Campus)

Time: 6:00pm-8:00pm

Sponsor: Morrison

October 18, 2011

Topic: Management of the Home TPN Patient

Location: Ochsner Medical Center (Main Campus)

Time: 6:00pm-8:00pm

Sponsor: Coram

November 16, 2011

Topic: Using Whey Protein to Help Fuel Your Active Lifestyle

Location: East Jefferson Hospital

Time: 6:00pm-8:00pm

Sponsor: Louisiana Dairy Council

February 9, 2012

Topic: Changing Eating Habits and Patterns of Athletes to Improve Athletic Performance

Location: Elmwood Fitness Center

Time: 6:00-8:00pm

Sponsor: Elmwood Fitness & NODA

March & May Meetings TBA

All meetings will offer CEU's!

Bring a friend to a meeting to be entered into a drawing for a gift card!

NEW ORLEANS DIETETIC
ASSOCIATION

N O D A A n n u a l C h r i s t m a s P a r t y
R o c k & B o w l
D e c e m b e r 1 , 2 0 1 1



Come join NODA for an evening at Rock & Bowl to celebrate the holiday season! We are planning a great party for this year. Members and non-members are welcomed \$25.00 per person. Cost will cover 2 1/2 hours of bowling, shoe rental, food and drinks and entertainment.

Board Meeting Schedule

Incoming/Outgoing Board Meeting : July 14, 2011

September 15, 2011

November 18, 2011

February 9, 2011

March TBA

May TBA

All Board meetings will begin at 5:30pm.

**Bring a friend to a meeting to be entered into a
drawing for a gift card!**

Email Comments and suggestions to

Teresa Brown at nutritionolutions3@cox.net